

starters

organic steamed soybeans [edamame]	small \$4.95
	large \$7.95
guacamole with pita	\$12.95
avocado, tomato, onion, cilantro and fresh lime juice	
avocado toast	\$13.95
guacamole with veggies	\$13.95
hummus with sliced veggies	\$9.95
carrots, celery and cucumber	
hummus with falafel	\$9.95
hummus with pita	\$6.95
cheese toast	\$5.95
with tomato	\$6.95
with soy cheese.....	\$7.95
with soy cheese and tomato.....	\$8.95

organic baked potatoes

plain baked, orange sweet, oriental white sweet or boniato potato	\$4.95
with monterey jack cheese	\$5.95
with soy cheese	\$6.95
with steamed veggies.....	\$9.95
with steamed veggies and cheese.....	\$10.95
with steamed veggies and soy cheese	\$11.95
with tuna salad	\$10.95
with tuna salad and cheese	\$12.95
with tuna salad and soy cheese	\$12.95
with chicken salad	\$13.95
with chicken salad and cheese	\$14.95
with chicken salad and soy cheese	\$14.95

house-made soups

vegetable	\$7.95
organic lentil	\$7.95

our chicken is 100% organic

all substitutions will be charged á la carte

for parties of 5 or more an 18% gratuity will be added to your check